

Theme: "The Power of Prayer"

Blog series subject: "The Prayer Series"



“What is Prayer?”

What is Prayer? Prayer is talking and listening to God. It's an intimate fellowship with Him. [Matthew 21:22](#) KJV, "And all things, whatsoever ye shall ask in prayer, believing ye shall receive." In asking and believing calls for faith and a right relationship with God. When we pray we use terms that depicts His character and who He is.

One term we use is "Abba." ([Romans 8:15 KJV](#)) The name "Abba" denotes an intimate designation we give to God that reflects our close relationship to Him. "Abba" is a Hebrew term of our modern "Daddy" or "Papa." As our "Abba" he hears and answers us when we pray and call on His name. Therefore, our heavenly Father is both powerful and transcendent, but He is also intimate and close by. When we approach in prayer with the term "Abba" (our God), it's our heart, mind, body, and soul speaking to His heart. Our prayers may include praising, thanking, confessing, asking, interceding (praying for someone else) and receiving.

Consider these tips to help us understand what is prayer:

1. What do I say? Praying is like talking to your best friend. It's easy to talk to someone when you know them. And when you know they love you unconditionally.
 2. How do I say it? Consider approaching the Savior with confidence, boldness, and joy. ([1 John 5:14-15](#) KJV).
 3. What does the Bible say about prayer? [John chapter 17](#) is our example of Jesus's prayer.
 4. When do I pray? As often as you can. Use simple statements such as, Lord have mercy on my family, friends, and others.
 5. Should I expect my prayer to be answered? Yes, if you pray according to God's will. ([1 John 5:14-15](#) KJV)
- Finally, remember that prayer is talking and listening to God.